

Paul D Maitino DO FAOAO Hip Knee Shoulder & sports medicine Oklahoma City OK

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Understanding Your Body's Mechanics

Your musculoskeletal system - which is comprised of 206 bones connected by joints, muscles, ligaments, tendons, and nerves - protects your internal organs, supports your weight, and allows you to move. It's a complex, interdependent system where even a minor disruption can result in discomfort and physical limitation.

Your orthopaedic surgeon is trained to diagnose and treat any injury, deformity, or disease that interrupts this system. General orthopaedics covers all kinds of common and complex conditions like:

- Back and neck pain
- Sprains and strains
- Fractures and dislocations
- Cartilage and ligament tears
- Bursitis and tendonitis
- Arthritis
- Osteoporosis
- Congenital defects and abnormalities
- Bone and soft tissue tumors