

# Paul D Maitino DO FAOAO Hip Knee Shoulder & sports medicine Oklahoma City OK

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## Shoulder

Normal Anatomy of the Shoulder Joint

How does the Shoulder joint work?

Find out more in this web based movie.

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Rotator Cuff Tear

Rotator cuff is the group of tendons in the shoulder joint providing support and enabling wider range of motion. Major injury to these tendons may result in tear of these tendons and the condition is called as rotator cuff tear. It is one of the most common causes of shoulder pain in middle aged adults and older individuals.

For more information about Rotator Cuff Tear click on below tabs.

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Shoulder Impingement

Shoulder impingement is the condition of inflammation of the tendons of the shoulder joint. It is one of the most common causes of pain in the adult shoulder. The shoulder is a 'ball-and-socket' joint.

For more information about Shoulder Impingement click on below tabs.

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## Shoulder Arthroscopy

Shoulder arthroscopy is a surgical procedure in which an arthroscope is inserted into the shoulder joint. The benefits of arthroscopy are smaller incisions, faster healing, a more rapid recovery, and less scarring. Arthroscopic surgical procedures are often performed on an outpatient basis and the patient is able to return home on the same day.

For more information about Shoulder Arthroscopy click on below tabs.

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## Frozen Shoulder

Frozen shoulder is the condition of painful shoulder limiting the movements because of pain and inflammation. It is also called as adhesive capsulitis and may progress to the state where an individual may feel very hard to move the shoulder.

For more information about Frozen Shoulder click on below tabs.

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## Shoulder Joint Replacement

Shoulder joint replacements are usually done to relieve pain and when all non-operative treatment to relieve pain have failed.

For more information about Shoulder Joint Replacement click on below tabs.

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## Shoulder Instability

Shoulder instability is a chronic condition that causes frequent dislocations of the shoulder joint. A dislocation occurs when the end of the humerus (the ball portion) partially or completely dislocates from the glenoid (the socket portion) of the shoulder. A partial dislocation is referred to as a subluxation whereas a complete separation is referred to as a dislocation.

For more information about Shoulder Instability click on below tabs.

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## Shoulder Arthritis

The term arthritis literally means inflammation of a joint, but is generally used to describe any condition in which there is damage to the cartilage. Damage of the cartilage in the shoulder joint causes shoulder arthritis.

For more information about Shoulder Arthritis click on below tabs.

- [Patient Info](#)

## Acromioclavicular Joint Dislocation

Acromioclavicular joint (AC joint) dislocation or shoulder separation is one of the most common injuries of the upper arm. It involves separation of the AC joint and injury to the ligaments that support the joint. The AC joint forms where the clavicle (collarbone) meets the shoulder blade (acromion).

For more information about Acromioclavicular Joint Dislocation click on below tabs.

- [Patient Info](#)

## Collar Bone Injuries

The collarbone or clavicle is the bone that connects your sternum or breastbone to your shoulder. Clavicle fracture, also called broken collar bone is a very common sports injury seen in people who are involved in contact sports such as football and martial arts as well as impact sports such as motor racing.

For more information about Collar Bone Injuries click on below tabs.

- [Patient Info](#)

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Click on the topics below to find out more from the Orthopaedic connection website of American Academy of Orthopaedic Surgeons.

- [The Shoulder](#)
- [Arthritis of the Shoulder](#)
- [Arthroscopic Shoulder Surgery: Thermal Capsulorrhaphy](#)
- [Broken Collarbone](#)
- [Dislocated Shoulder](#)
- [Fracture of the shoulder blade \(scapula\)](#)
- [Frozen Shoulder](#)
- [Rotator Cuff Tears](#)
- [Separated Shoulder](#)
- [Shoulder Impingement \(Bursitis, Tendinitis\)](#)
- [Shoulder Joint Replacement](#)
- [Shoulder Joint Tear \(Glenoid Labrum Tear\)](#)
- [Thoracic outlet syndrome](#)
- [Shoulder Arthroscopy](#)