

Paul D Maitino DO FAOAO Hip Knee Shoulder & sports medicine Oklahoma City OK

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Weight-loss surgery before joint replacement can improve outcomes in severely overweight patients

paul · Wednesday, May 13th, 2015

Bariatric surgery prior to joint replacement is a cost-effective option to improve outcomes in severely overweight patients, research demonstrates. It is well-known that obesity takes a toll on one's health. Bariatric surgery and subsequent weight loss reduces the risk of heart disease, diabetes and even some forms of cancer. But before now, the effect of bariatric surgery on joint replacement outcomes was not known.

Source: [Science Daily](#)

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A hip and trunk training program for athletes reduces ACL injuries

paul · Wednesday, May 13th, 2015

With the help of the Hockeyroos UWA researchers have developed a hip and trunk training program that could reduce the high rates of anterior cruciate ligament (ACL) injuries in all levels of sport.

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Women fare better than men following total knee, hip replacement

paul · Wednesday, May 13th, 2015

While women may have their first total joint replacement (TJR) at an older age, they are less likely to have complications related to their surgery or require revision surgery, according to a new study presented today at the 2015 Annual Meeting of the American Academy of Orthopaedic Surgeons (AAOS). The findings contradict the theory that TJR is underutilized in female patients because they have worse outcomes than men.

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Hip Resurfacing: A Better Option for Some

paul · Friday, February 20th, 2015

Every year, 330-thousand Americans undergo surgery to replace hip joints that have been damaged by age or overuse. After surgery most patients can go back to their normal activities but no running, no jumping and no high impact sports for some people who have been very physically active. Now, new research shows hip resurfacing may be the better option to get them back on their feet.

Source: [Ivanhoe](#)

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Staying at Home for Knee Rehab

paul · Friday, February 20th, 2015

After a knee replacement, there's no place like home for your physical therapy — or at least home may be just as good a place as a clinic to do your exercises.

In a new study, knee replacement patients who followed a six-week, monitored exercise program at home showed similar progress to those who were in regular outpatient rehabilitation programs.

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Alternative for pain control after knee replacement surgery

paul · Friday, February 20th, 2015

Injecting a newer long-acting numbing medicine called liposomal bupivacaine into the tissue surrounding the knee during surgery may provide a faster recovery and higher patient satisfaction, a new study has found.

Source: [Science Daily](#)

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DJO Global presents new shoulder arthroplasty solution

paul · Thursday, November 20th, 2014

DJO Global recently announced its e-plus polyethylene formulation, the first blended vitamin E product available throughout the entire shoulder product portfolio.

Engineered to reduce wear rates, eliminate oxidation and maintain stability better than conventional polyethylene in the company's knee, hip and shoulder replacement solutions, e-plus blended vitamin E polyethylene can be utilized for both total anatomic and reverse shoulder arthroplasty, according to a company press release.

"Through our e-plus offering, we seek to enhance the clinical success across our shoulder portfolio, including the Turon Anatomic Total Shoulder and Reverse Shoulder

implant families,” Bryan Monroe, DJO Global senior vice president, said in the press release. “We now proudly offer e-plus technology throughout our entire surgical product portfolio, including knee, hip and shoulder.”

Source: [Healio](#)

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Cayenne Medical launches new all-suture anchor system

paul · Thursday, November 20th, 2014

Cayenne Medical recently announced the launch of the SureLock All-Suture Anchor System.

Indicated for use in shoulder and extremity procedures, the SureLock system is designed to provide a predictable fixation method while eliminating manual tension that can lead to pull-out or displacement of the anchor as well as partial anchor deployment.

The system minimizes bone loss and anchor footprint by requiring a smaller pilot hole compared with traditional anchors. It is also deployed through an inserter-controlled method, ensuring a greater level of control over placement, according to a company press release.

“Cayenne Medical has seen great clinical success with the SureLock All-Suture Anchor System since its limited market release earlier this year, and we are excited to announce a full market launch that allows us to open up domestic and international markets,” Dave Springer, president and CEO of Cayenne Medical, said in the press release.

Source: [Healio](#)

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Melatonin may mediate nocturnal pain from shoulder

disorders

paul · Thursday, November 20th, 2014

For patients with shoulder disorders such as a rotator cuff tear or frozen shoulder, melatonin may mediate nocturnal pain, according to a study published in the July 2 issue of The Journal of Bone & Joint Surgery.

Source: [MedicalXpress](#)

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Skip the steroids for shoulder pain?

paul · Thursday, November 20th, 2014

For relief of shoulder pain, physical therapy and steroid shots provide similar results, a new study finds. Researchers compared the two nonsurgical approaches in a group of 100-plus adults suffering from shoulder pain caused by rotator cuff problems, tendinitis or bursitis. "Whether you had a steroid injection or physical therapy, the improvement in each group was the same."

Source: [MedicalXpress](#)

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