

Paul D Maitino DO FAOAO Hip Knee Shoulder & sports medicine Oklahoma City OK

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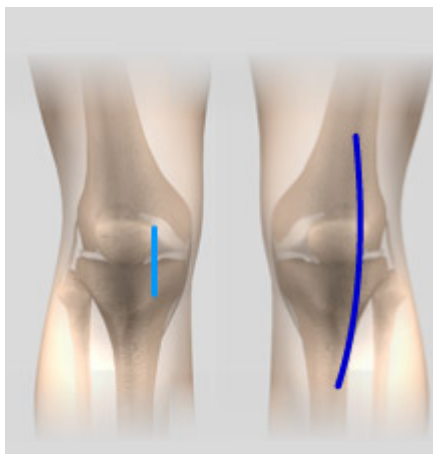
Minimally Invasive Joint Replacement

Total Hip Replacement THR and Total Knee Replacement TKR are very successful surgical treatment for arthritis of the hip and knee respectively.

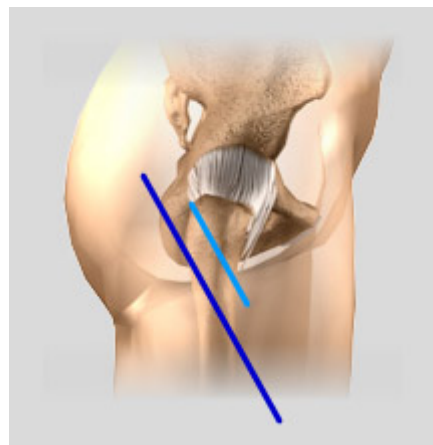
Over the last several years hip and knee replacement surgery has evolved to a Minimally Invasive technique.

Advantages of Minimally Invasive Joint Replacement are

- Less tissue trauma - muscles and tendons are avoided or separated, not cut
- Faster and less painful rehabilitation
- Smaller incisions and less scarring - two incisions of 1½ to 2 inches each, rather than one 10- to 12-inch incision
- Shorter hospital stay - 1-2 days (vs. 3-5 days); some patients go home in less than 24 hours
- Reduced blood loss and less need for pre-surgery blood donation
- Faster return to work and daily activities



**Minimally Invasive Knee
Replacement Incisions**



**Minimally Invasive Hip
Replacement Incisions**

